

AWO Interest Groups (AWO members only)		
Club	Description	When
Cultural Outings	Explore Moscow's museums	Occasional, usually Fridays
Photography	Learn, inspire, create photography together	Bimonthly - Wednesdays (10:00am - 12:00pm OR 11:00am - 1:00pm)
Spread Sunshine	Help with activities for Nastenka children's hospital	Monthly - 3rd Thursday
Wine Lovers	Wine tasting and fun with other couples	Monthly
Lunch Bunch	Visit new restaurants with AWO members	Monthly - Wednesday
Book Club	Read books and share with friends	Monthly - Wednesday 10am
Cooking Club	Share cooking and recipes and enjoy lunch together	Monthly
Movie Buffs	Watch English Movies in theaters enjoy lunch afterward	Bi monthly
What's in My Market	Tour the markets of Moscow and share your favorite with the group	Monthly
Preschool Playdate group	Enjoy a coffee with friends while children play in a kid friendly venue	Monthly
NEW: Kickboxing	Active exercise combining cardio, aerobics, strength & endurance w private trainer	Weekly, 1.5 hour session
NEW: Tennis	Play tennis with friends	Weekly-Monday 9:30am

Friends of AWO (Open to AWO and nonmembers)		
Golf	Play golf at City Golf, lessons available	Thursday morning
Dinner for a cause	Host a dinner in your home for charity	Your choice
For the Sake of Traveling	Explore Russia and other bordering countries	3 trips: Nov / Feb / May
History-Art- Design	See the best Moscow sights in the context of Russian history (Excursions, lectures and workshops)	Mondays & Fridays 11:00 - 1:00pm
Russian Textile doll making	Learn to make traditional Russian dolls, no sewing	Mon, Wed, or Fri 10:00am - 1:00pm
International Women's Bible Study	Join women to study the Bible, book of Mark	Tuesdays 10:30 - 12:00pm